DOCUMENT RESUME

ED 179 897 CG 014 042

AUTHOR Ruzek, Sheryl R.
TITLE Women and Health Care: A Bibliography With Selected Annotation.
INSTITUTION Institute for Scientific Analysis, San Francisco, Calif.
PUB DATE Jul 76
NOTE 81p.
AVAILABLE FROM The Program on Women, Northwestern University, 619 Emerson Street, Evanston, IL 60201 ($3.00 plus $.50 postage)

EDRS PRICE MF01 Plus Postage. PC Not Available from EDRS.
DESCRIPTORS Cross Cultural Studies; *Females; *Health Services; Historical Reviews; *Medical Care Evaluation; Mental Health; *Primary Health Care; Sexuality; Social Problems; *Special Health Problems

ABSTRACT

This bibliography provides a comprehensive historical review of the literature on women and health care. The materials presented address the following areas of concern: (1) basic issues in health care for women; (2) special health concerns and needs of women; (3) sexuality and mental health; (4) women's projects designed to improve their health care; (5) the social context of women's health care, including consumerism and the medical and nursing professions; (6) socio-psychological aspects of illness behavior; and (7) cross-cultural studies, historical information, and nontraditional/alternative medicine. Additionally, a listing of microfilms, bibliographies, indexes, and periodicals is provided in the final section so that users can keep up with trends and issues in women's health care. (Author)

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WOMEN AND HEALTH CARE:

A BIBLIOGRAPHY WITH SELECTED ANNOTATION

Sheryl K. Ruzek

A joint endeavor from:

Center for the Study of Women in Society
at the
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U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
NATIONAL INSTITUTE OF EDUCATION

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CG 014042

Occasional Papers No. 1
June 1975
Addendum - July, 1976

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Evanston, Illinois 60201

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INTRODUCTION

During the past few years women have become increasingly vocal about their dissatisfaction with the medical care they receive. They are outraged at the demeaning manner of treatment and critical of the quality of care available no matter how much they pay. They have begun to explore their common plight and to search out new ways to receive the kind of health care they want. Interestingly enough, the impetus for the health movement has come from the larger women's movement. At first glance this may seem paradoxical, for feminists have often decried a focus on women's bodies and especially their reproductive organs or functions; usually they minimize differences between the sexes. The women's health movement does just the opposite. Rather than minimizing, ignoring, or disregarding their bodies, women in the health movement are struggling to identify fully and become intimately involved with their bodies. They want to discover and share with each other their sense of feminine self. The evolution of this emphasis can be seen in the preface to the Boston Health Book Collective's landmark work, Our Bodies, Ourselves (1973). The authors initially titled their health course and book "Women and Their Bodies," then changed it to "Women and Our Bodies," and finally used the title "Our Bodies, Ourselves."

Throughout the world women are coming to view their bodies as their primary, essential selves. And they are coming to see control over their bodies as a crucial first step in gaining control over their lives. So in this movement we find a rather unique conceptualization and integration of mind, body, social and political self. Along with this perspective we find a tide of anger and rage directed against individuals and institutions which separate, divide or alienate women from their whole selves or

restrict women from controlling their bodies and thereby their lives.

In this bibliography I have collected a wide variety of material relevant to women and health care. For those unfamiliar with the women's health movement, I hope to provide an introduction to some of the crucial issues. For persons involved in the movement, I have gathered together resource material for projects as well as examples of projects already carried out by various groups. As there is not just a single women's health movement, but many diverse segments, I have tried to include material which reflects the range of perspectives within the movement. I have also included material on traditional health care institutions and practitioners to clarify what it is that the women's health movement has rebelled against. Furthermore, it is important for women to know the traditional perspectives in order to make their way more easily through the traditional institutions they often must use.

Part I provides annotation of material to cover the range of basic issues in women's health care. In Part II, I describe material available on health care issues of particular interest to women--gynecology exams, contraception, abortion, sterilization, pregnancy and childbirth, menstruation, menopause, surgery, drugs and experimentation. Part III covers sexuality and mental health. Part IV lists and presents material on women's projects for improving their health care--health collectives, free clinics, self-help groups, self-examination, health education material, womens' health directories, lay referral systems and communication networks. In Part V I have listed material of use in studying the larger social context of health care. Here I include material on general consumer issues, national health care policies, insurance, medical institutions and the organization of the traditional and emerging health care professions. In Part VI there are references to material on some of the social psychological aspects of illness behavior and being a patient. In Part VII there is material which

can be used as a comparison to traditional American health care systems. Here are references to folkways and folk medicine, historical studies of health care, and cross-cultural sociological and anthropological studies of health care which can suggest new ways of examining our own practices. Finally, in Part VIII, there are sources of information useful in following current women's health issues: important periodicals, indexes, and abstracts which will cover developments as they arise.

This bibliography was initially compiled in 1973 for the RANN (Research Applied to National Needs) division of the National Science Foundation as part of a project to assess areas in which research on women is ongoing or absent but needed. Dr. Arlene Kaplan Daniels, who directed the project, and I both believe that women's health care warrants particular consideration and so a bibliography documenting a range of women's health care concerns has been compiled. I have updated and added material to the original document in an effort to include more recent work and material brought to my attention by readers of the original version.

No bibliography of this type can ever be complete. Many areas are quite sketchy (e.g. historical and cross-cultural health research) and new information is published daily. In essence, I have included what I located through conventional sources, feminist publications, and personal contacts. My decisions about what citations to include have been guided by my overall goal of covering the range of issues and concerns voiced by women themselves. When I began this project, short news items in feminist newsletters and mimeo papers were all that were available on certain topics. I have not discarded these brief and sometimes incomplete reports because I believe that they provide valuable insight into the way information is transmitted through the women's movement. Similarly, articles from popular women's magazines have been included to show how health movement ideas filter into the larger society.

I have made no attempt systematically to review the relevant professional medical literature; that is far beyond the scope of this project. However, I have included particularly relevant medical literature read and discussed in women's health groups and in the feminist press. Finally, I do not cover rape or industrial health and safety, although they are significant women's health issues. This project had to stop somewhere. With these provisos and limitations, then, I offer the following bibliography in hope that it will prove useful to both scholarly observers and active participants in the women's health care movement.

In preparing this bibliography I have been assisted by many people, but I especially wish to acknowledge Noriko Bridges and Carolee Perrett of the Institute for Scientific Analysis for their assistance in organizing and preparing the original manuscript. Beverly Bogley, Robin Nasatir, and Patricia Schubert painstakingly prepared reference cards and typed early drafts. I also wish to thank the Program on Women, Northwestern University for production of the final manuscript and for the artwork by Sally Spector. Finally, I thank Dr. Daniels and her assistant, Nancy Maes for their encouragement, support and guidance on this project.

ADDENDUM - JULY 1976

Many important works on women and their health have been published since this bibliography was compiled. The following periodicals, pamphlets and books are particularly important, for they reflect the growing influence of feminism on women's health care.

Periodicals

Women & Health, Issues In Women's Health Care, SUNY/College at Old Westbury, New York 11568. New journal beginning January/February 1976 which offers a forum for in-depth consideration of many aspects of women's health. Emphasis is on combining multi-disciplinary research with social action. $10 for six issues/year.

International Journal of Health Services (1975) "Special Issue on Women and Health" 5:2. This is an outstanding collection of articles on various issues in women's health care and critical reviews of well-known works (e.g. Our Bodies, Ourselves; Complaints and Disorders).

Social Policy (1975) "Women and Health" (Sep-Oct): 6:2. This issue includes five excellent articles on the health system for women, all authored by women's health movement activists. Emphasis is on feminist-socialist solutions to problems.

Books, Pamphlets

The Alan Guttmacher Institute (1975) Provisional Estimates of Abortion Need and Services in the Year Following the 1973 Supreme Court Decision: United States, Each State and Metropolitan Area. New York: Planned Parenthood Federation of America. Alan Guttmacher Institute, 515 Madison Avenue, New York, New York 10022 ($6.50).

ARMS, Suzanne (1975) Immaculate Deception. Boston: Houghton Mifflin.

BARBACH, Lonnie Garfield (1975) For Yourself: The Fulfillment of Female Sexuality, A Guide of Orgasmic Response. New York: Doubleday.

BARKER-BENFIELD, G.J. (1976) The Horrors of the Half-Known Life, Male Attitudes Toward Women and Sexuality in Nineteenth-Century America. New York: Harper & Row.

Boston Women's Health Book Collective (1976) Our Bodies, Ourselves, A Book By and For Women, Second Edition, Completely Revised and Expanded. New York: Simon and Schuster.

DODSON, Betty (1974) Liberating Masturbation: A Meditation on Self Love. Includes artwork depicting female genitalia. Bodysex Designs, P.O. Box 1933, New York, NY 10001 ($4).

FRANKS, Violet and Vasanti Burtle (eds.) (1974) Women in Therapy, New Psychotherapies for a Changing Society. New York: Brunner/Mazel, Publishers.

HALLER, John S. Jr. and Robin M. Haller (1974) The Physician and Sexuality in Victorian America. Urbana, Ill: University of Illinois Press.

KUSHNER, Rose (1975) Breast Cancer: A Personal History and Investigative Report. New York: Doubleday.

MILLER, Jean Baker (1976) Toward a New Psychology of Women, Boston: Beacon Press.

NOTMAN, Malkah T. and Carol Nadelson (forthcoming) The Woman as Patient. New York: Plenum Press.

OLESEN, Virginia (ed.) (1976 in press) Women and Their Health: Research Implications For a New Era. Washington, D.C.: National Center for Health Services Research and the Health Resources Administration.

SHAW, Nancy (1974) Forced Labor: Maternity Care in the United States. New York: Pergamon Press.

SMITH, Dorothy E. and Sara J. David (eds.) (1975) Women Look at Psychiatry. Vancouver, B.C.: Press Gang Publishers, 821 E. Hastings Street, Vancouver, B.C. ($4 paper/, $10 cloth).

WEIDEGER, Paula (1976) Menstruation and Menopause, The Physiology and Psychology, the Myth and the Reality. New York: Alfred A. Knopf.

I. WOMEN'S HEALTH CARE - BASIC ISSUES FROM A FEMINIST PERSPECTIVE

The basic issues in women's health care from a feminist perspective are found in this section. Additional sources of material on specific topics written from a variety of perspectives are listed in later sections. For persons unfamiliar with the women's health movement, Our Bodies, Ourselves, Vaginal Politics and The Witch's Os are good basic sources. For persons involved in or interested in women's health care, the material in this section, taken as a whole, provides a solid core of information on the women's health movement and health issues of concern to women.

ALLEYN, Millie (ed) (1972) The Witch's Os. Stamford, Conn: New Moon Communications.

This press publishes material from the original women's self-help movement in conjunction with the Feminist Women's Health Center in Los Angeles. The publishers, Lolly and Jeanne Hirsch, are a mother-daughter team promoting gynecological self-examination and the right of women to control their bodies. This pamphlet includes articles by the Hirsches and Lorraine Rothman of the Self-Help Clinic in Los Angeles. These articles clearly outline the basic ideology and principals of the self-help movement. There is also an article by Antoinette Groesser on the historical development of obstetrics and gynecology from a feminist viewpoint, and a selection on childbirth reprinted from the Diary of Anais Nin. Available from New Moon Communications, Box 3488 Ridgeway Station, Stamford, Conn. 06905 for $2.00.

A WOMAN'S PLACE (1972) A Vancouver Women's Health Booklet. Vancouver, B.C.: Press Gang Publishers.

This booklet contains the results of one of the finest health surveys conducted by a women's group. It has an extensive directory of health services available in the Vancouver area as well.

The Vancouver women developed a lengthy health questionnaire and then attempted to interview a representative group of 200 women living in various Vancouver area census tracts. The women were contacted by health survey interviewers who were able to interview nearly half of those selected. (98 women agreed to be interviewed, 102 refused.) In addition, 150 more women were interviewed on a non-random voluntary basis. The statistical results of the survey are reported on the basis of the random sample, but quotations from women's comments are presented from both samples. The authors include a good discussion of their difficulties in sampling, interviewing, and analyzing their data which would be of use to others contemplating similar projects.

The survey covers women's experiences with specific doctors and hospitals in the area, and also taps women's knowledge of common health problems and experiences in dealing with such problems.

The areas covered include menstrual difficulties, vaginal infections, birth control, sterilization, infertility problems, V.D., menopause, abortion, pregnancy and childbirth. The women were also asked to comment on what they wanted in the way of good health care. The authors of the booklet present this material, and add several sections on the problems of health care which are related to larger institutional and societal organization. Available from The Vancouver Women's Health Collective, 1520 West 6th Avenue, Vancouver, B.C. Canada for 50¢ plus postage.

THE BOSTON WOMEN'S HEALTH BOOK COLLECTIVE (1973) Our Bodies, Ourselves--A Book By and For Women. New York: Simon and Schuster.

In 1971 the Boston Women's Health Book Collective issued a pamphlet "Our Bodies, Ourselves." The demand for it was tremendous, and enlarged editions were printed and distributed by the New England Free Press in Boston. The latest and largest edition is now published by Simon and Schuster.

Our Bodies, Ourselves is truly a landmark work. There is no other single source which provides as much information on women's health care or the health movement as this book. The authors begin by exploring women's changing sense of self and the effect of this change on their feelings about their bodies. In the following chapters they discuss the anatomy and physiology of reproduction and sexuality, cultural and social aspects of sexuality, relationships with men and women, lesbianism, nutrition, exercise, rape and self-defense, venereal disease, birth control, abortion, childbearing and childrearing, and menopause. In the final sections, the larger issue of the politics and economics of the American health care system are considered, and information is presented on how to choose a doctor and make one's way through the health care system. There is also much specific information on common medical problems and procedures, such as vaginal infections, cystitis, and surgery.

But the book is not simply "informative." It conveys women's real feelings about their bodies and their selves, and it illustrates the wholistic conception which they hold of "health care." For unlike medical specialists who tend to see health as the condition of an isolated organ in the body, these women see health involving the totality of women's lives. And they are angry when they are subjected to the alienating, fragmenting health care system in our society. This book should be read by every woman and by every health care professional who ever comes in contact with women.

CAMPBELL, Margaret (1973) "Why Would A Girl Go Into Medicine?" Medical Education in the United States: A Guide for Women. Old Westbury, NY: The Feminist Press. (Margaret Campbell is a pseudonym used by Mary Howell, M.D., former dean of admissions at Harvard University Medical School).

Dr. Campbell's survey of discrimination against women in U.S. medical schools documents the hostile and deprecating attitude of many physicians toward female students and patients. In a straightforward scholarly manner, Campbell shows how male physicians are

systematically conditioned to feel contempt for women, and describes how difficult it is for women medical students to survive in such a hostile environment.

Campbell's report is based on questionnaire responses from 146 women students in 41 U.S. medical schools, the author's own experiences in medical education, observation and conversation with medical students and educators, and official documents and publications. The report covers formal institutional discrimination, personal overt and covert discrimination, and coping mechanisms, and presents data on the proportion of women admitted to specific medical schools in recent years.

CHERNIAK, Donna and Allan Feingold (1972) Birth Control Handbook. (10th Edition, revised) Montreal, Quebec: Handbook Collective.

CHERNIAK, Donna and Allan Feingold (1972) VD Handbook. Montreal, Quebec: Handbook Collective.

These two pamphlets which have a feminist and radical political orientation are used extensively in women's clinics and women's health care organizations. They are written clearly and concisely, well illustrated, and contain excellent bibliographies. Each pamphlet contains background information on these health issues and provides detailed material on various types of devices, treatments, and complications related to contraception and VD. Intended for wide distribution, single copies are free; but the publishers request 25¢ for mailing and handling, 10¢ for each additional copy. Bulk orders are $45/1000 copies. Write to Handbook Collective, P. O. Box 1000, Station G, Montreal 130, Quebec.

CHESLER, Phyllis (1972) Women and Madness. Garden City, N.Y.: Doubleday & Company, Inc. (Paper: New York: Avon.)

Phyllis Chesler is a psychologist and popular writer who has become well known for her work on women and mental health. In this book she argues that sex-role stereotypes combine cultural and biological imperatives to ensure that women become self-sacrificing, maternal, dependent and passive. Independent, creative and assertive behavior in women is usually frowned upon and has often been taken as evidence of "madness" by husbands, therapists, and society in general.

Chesler points out that psychology has been dominated by men and it is no wonder women so often seem "sick" by its double standard for "health." She notes that a disproportionate number of women are in therapy, on tranquilizers and other mood altering drugs and are institutionalized. "Sick" women also tend to differ significantly from "sick" men in that men tend to become sociopathic and direct their anger outward whereas women keep it inside and become depressed, withdrawn, and self-destructive.

In this book Chesler discusses women in asylums, contemporary clinical ideology, the nature of private therapy, and presents material from interviews with sixty institutionalized women.

She also considers the problem of sexual relationships between patients and therapists and discusses some additional difficulties faced by lesbians, third world women, and feminists. Throughout she makes frequent reference to various mythological and literary figures, and attempts to draw parallels between them and modern women. While this book is controversial--there are many criticisms of the author's polemical approach and her sampling and statistical analyses--it is particularly worth reading for its detailed discussion of the ethical improprieties of psychiatrists reported by patients. Such information is not readily available elsewhere in the literature.

EHRENREICH, Barbara and Deirdre English (1973) Complaints and Disorders. The Sexual Politics of Sickness. Glass Mountain Pamphlet No. 2. Old Westbury, NY: The Feminist Press.

In this delightfully illustrated pamphlet Ehrenreich and English focus on the social role of medicine and emphasize that changing the medical system is strategic for women's liberation. Their major thesis is that "Medicine's prime contribution to sexist ideology has been to describe women as sick, and as potentially sickening to men." (p.5) To substantiate this claim they describe how Nineteenth Century middle- and upper-class women were treated as delicate and sick while lower-class women were feared as sickening--potential carriers of dreaded diseases. They also point out how gynecologists' role as definers of female sickness and weakness was taken over by psychiatrists so that today women's "defectiveness" is more often defined as mental than physical. Overall, the authors marvel at the plasticity of medical science which so efficiently fits the needs of the dominant male ideology.

EHRENREICH, Barbara and Deirdre English (1972) Witches, Midwives, and Nurses: A History of Women Healers. Glass Mountain Pamphlet No. 1. Old Westbury, NY: The Feminist Press.

The authors argue that health care is largely in the hands of male professionals not because of their superior scientific or technological skill, but as a result of an active takeover on their part. From this position they examine the suppression of witches in medieval Europe and describe the rise of the male medical profession in 19th Century America. They point out that both of these events involved the ousting of lay female healers by male professionals. And they argue that these male takeovers were political struggles - part of the general history of sex struggle and class struggle. For women healers were people's doctors while male professionals have served the interests of the ruling class both medically and professionally.

FRANKFORT, Ellen (1972) Vaginal Politics. New York: Quadrangle Books, Inc. (Paper: New York: Bantam.)

Vaginal Politics is a term which has grown out of the women's health movement and has been popularized by Ellen Frankfort, a medical writer and health columnist for The Village Voice. Just what are

vaginal politics? Generally the term has come to refer to the entire structure and organization of gynecological health care in American society--from a societal level down to the level of face-to-face interaction between an individual woman and an individual health care professional.

In her characteristic muckraking style, Frankfort takes on a wide gamut of women's complaints about health care and critically examines these as "vaginal politics." In a series of articles she criticizes the structure of the medical profession, its inherent sexism, vested interest in retaining the medical mystique, and its failure at public accountability. She continues by considering how miserably women have been treated when seeking abortions, psychotherapy, birth control devices and routine gynecological care. She also takes on the economics of medical care and the relationship between profits, unnecessary surgery and drug experimentation. In the final sections she offers a rather critical view of the self-help movement and the technique of menstrual extraction which is being used by lay women to suction out menstrual flow. Her work has been criticized by some women in the health movement who feel she is unjustifiably harsh on them and has done the movement a disservice. Nonetheless she is given credit for bringing public attention to women's health problems in a dramatic fashion.

HAIRE, Doris (1972) "The Cultural Warping of Childbirth: Special Report of the President of the International Childbirth Education Association." ICEA News, Special Issue.

The author is a medical writer who has been actively involved in the ICEA for many years. Her various publications are used extensively in professional training programs and hospitals throughout the United States. In preparing this pamphlet, Haire visited maternity care facilities in North and South America, Western Europe, Russia, Asia, Oceania and Africa. In this well-documented work she makes many startling conclusions about our childbirth practices and shows how many of our commonly accepted or enforced practices are <u>not</u> supported by scientific research but are rooted more in hospital and medical tradition than in human physiological needs.

Haire presents comparative infant mortality rates throughout the world and discusses the use of various types of professionals and lay persons as childbirth assistants. She critically reviews obstetrical medication and anesthesia, home and hospital deliveries, various practices such as confining laboring women to bed, shaving the birth area, withholding food and liquid, and use of the lithotomy position which tends to inhibit spontaneous birth and increase the need for all types of medical-surgical intervention. She is also critical of the American practice of separating mothers, babies, and other family members and decries the fact that breastfeeding is not encouraged.

While the ICEA is old and well-established, its goals are often congruent with those of many women in the new women's health movement. In fact, many of the demands women are now making are similar to

recommendations made by ICEA members over the past two decades. This pamphlet is available from the ICEA, P. O. Box 5852, Milwaukee, Wisconsin 53220 for 60¢.

HEALTH/PAC BULLETIN

Women and the Health System (1972) Health/PAC Bulletin 40 (April).
Women in Action (1970) Health/PAC Bulletin (March).
"Women's Clinics" (1971) Free Clinics, Health/PAC Bulletin 34 (October): 14-16.

The Health Policy Advisory Center in New York publishes monthly bulletins on specific aspects of health care. While all of their bulletins are useful, the ones listed above are of particular interest to women. They are written from a strong feminist and radical political viewpoint. Women and the Health System includes articles on women as patients and as health workers which discuss the role of women in the health care hierarchy and the emergence of new allied health workers. There are also articles on the politics of birth control and experimentation, medical advertising, and community action for health care. Women in Action covers similar topics plus material on abortion, birth control pills and the influence of the drug companies. "Women's Clinics" includes a good discussion of the sexism inherent even in what is called "people's" medicine, and points out the special ambience of women's clinics. Available from Health Policy Advisory Center, 17 Murray Street, New York, N.Y. 10007; $5/yr students, $7/yr other individuals, $15/yr institutions. Back issues 60¢ each.

ON WOMEN AND HEALTH (1971) Off Our Backs Health Supplement (Summer).

Off Our Backs is a feminist paper which regularly features health news. In this special health supplement a variety of health issues are considered. There are articles on the health system, female anatomy, gynecological exams, menopause, mental illness, pregnancy and lactation, abortion, population control, and health care in China. Many of the articles include women's first-hand accounts of their experiences in getting health care. There are also articles on herbs, nutrition, and supermarket survival, all of which are illustrative of the wholistic conception women in the movement have of health. Single copies 35¢. Subscriptions $5/yr from Off Our Backs, 1724 20th St., N.W., Washington, D.C.

RUSH, Anne Kent (1973) Getting Clear, Body Work for Women. New York/ Berkeley: Random House/Bookworks.

Getting Clear is basically a workbook of exercises for women to do alone or in couples or groups. The exercises utilize various therapeutic or growth techniques such as yoga, gestalt, t'ai chi and breath awareness. Emphasis is on women developing greater awareness of themselves through experiencing their bodies more fully. In addition to the exercises there are interesting interviews with representatives of the Berkeley Women's Health Collective, prominent Bay Area therapists, and information on self-help and

how to cope with health practitioners. The book is beautifully illustrated and written in a manner which has the characteristic tone of a large segment of the women's health movement. It conveys the sense of women progressively assuming greater responsibility for themselves--including their bodies--through a combination of individual and collective effort.

SCHULDER, Diane and Florynce Kennedy (1971) Abortion Rap. New York: McGraw-Hill Book Company.

In 1970, 300 women plaintiffs represented by six women lawyers challenged the constitutionality of New York State's abortion laws in Federal Court and demanded their total repeal. Two of the attorneys, Schulder and Kennedy, have compiled portions of the testimony in this volume. Although the recent Supreme Court decision has lifted the restrictive abortion laws, the issues raised in these court proceedings have not evaporated. The testimony of these women who have undergone the devastating experiences of illegal abortions, unsafe legal abortions at exorbitant cost, and the experience of giving a child up for adoption, is a poignant reminder of what women endure when denied the right to decide whether or not to bear children. In the final chapters the authors consider some of the issues which arose during the course of the trial and which are still serious issues such as the Black genocide charge, the church-state conflict, and Friends of the Fetus arguments.

SEAMAN, Barbara (1972) Free and Female. New York: Coward, McCann and Geoghegan. (Paper: New York: Faucett.)

The author is a prominent medical writer, editor and columnist, and a strong feminist. In this book she reports on her sex survey of over one hundred "sexually liberated" women -- women who are comfortable with their sexuality and who were willing to discuss their sexual experiences openly and candidly.

Seaman begins by discussing the nature of female sexuality and comparing how women in different societies at different times have been able to express their sexuality. She discusses the various issues currently examined in the growing literature on female sexuality and quotes extensively from her own respondents to illustrate the complexities of the issues and to emphasize the wide range and variety of women's sexual experience, preferences, and proclivities. She critically reviews the raging battle over vaginal vs. clitoral orgasms in light of the Masters and Johnson research and her own findings. And she presents in great detail what her respondents do and don't want in sexual relationships. Finally she points out how the male dominated medical profession has often harmed women rather than helped them with their sexual problems, and she offers suggestions on how women can liberate themselves from their gynecologists.

SEAMAN, Barbara (1969) The Doctors' Case Against the Pill. New York: Peter H. Wyden, Inc. (Paper: New York: Avon.)

In this book Seaman has brought together the growing body of literature which points to the fact that oral contraceptives, while highly effective, are far from hazard free. As women have taken the pill for longer and longer periods of time, the effects on various parts of the body are becoming increasingly disturbing. And she points out that women are not adequately informed of the risks and doctors are not careful enough in assessing individual women's medical histories before prescribing the pill.

In chapter after devastating chapter, Seaman presents the growing evidence of links between the pill and blood-clotting, strokes, sterility, decreased sexual responsiveness, cancer, heart disease, diabetes, genetic changes, jaundice, thyroid function, weight gain, urinary tract infections, arthritis, skin and gum problems, depression, and other medical conditions. And she considers how and why doctors and women have remained largely ignorant of or oblivious to these hazards.

THE SECOND WAVE, A Magazine of the New Feminism (1973) 2:3.

This quarterly periodical is published by Female Liberation in Boston, and frequently carries health care articles. This issue carries a series of articles on women's health issues ranging from the historical development of midwifery to self-examination techniques. In addition there are several book reviews. One article presents some of the testimony given by women at "Speakoutrage," a public hearing in Boston, on their experiences with abortion, birth control, forced sterilization, denial of voluntary sterilization, and prenatal care. Another entitled "Crimes in the Clinic: A Report on Boston City Hospital" is compiled from legal affidavits and letters written by medical students concerned with the inhumane treatment of patients. It is one of the most frightening and enraging accounts of women's hospital experiences I have ever seen. And it is moving testimony to the fact that our system for training physicians is cruelly inhumane and degrades, defiles, and needlessly mutilates women, especially those who are powerless and have little "social value" in our society--the old, the poor, the non-white. Order from The Second Wave, Box 344, Cambridge A, Cambridge, Mass. 02139. $1.00/single issue; $3.00/yr.

II. WOMEN'S HEALTH CARE ISSUES

In this section are references to material on various health issues ranging from general dissatisfaction with routine exams to controversy over the use of certain surgical techniques and experimentation on women. At the beginning of each subsection some of the particularly salient concerns of women about that issue are discussed, and works which are particularly useful or illustrative are noted.

A. General Dissatisfaction - Routine Treatment

Women are beginning to examine the sexism which affects their relationships with physicians who are most often male. In fact, some women actually question the integrity and good intentions of these doctors. (See especially Barry, 1972; Bart, 1973; Downer, 1972; Rosenthal, 1972; Sanders, 1972; Seaman, 1972; Wolfson, 1970) This dissatisfaction and concern is not coming exclusively from radical feminists any longer. Concern is being expressed increasingly in the mass media, including popular women's magazines. (Blackman, 1972; Connell, 1974; Dungan, 1973; Edmiston, 1973; Gendel, 1974; Stephen, 1973) Gradually even the medical profession is acknowledging the problems. (See especially Lanson, 1975.) For a good description of the traditional type of medical care which health movement women dislike see Emerson, 1970, 1963. (See also Section VI)

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B. Contraception

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Women now are reexamining various birth control methods, and are demanding information about the hazards involved in each method in order to make informed choices. (Cherniak and Feingold, 1972; Our Bodies, Ourselves, 1973) Others are exploring "natural" methods such as astrological birth control. (Jackson, 1973; Ostrander and Schroeder, 1972; Rosenblum, 1973) Lesbians complain that medical workers have such a strong heterosexual bias that lesbians are harassed when they decline contraceptive information or devices or are asked to fill out medical forms which assume they need contraceptives. (Bloch, 1973)

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C. Abortion

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D. Sterilization

Sterilization is a form of contraception that generally is irreversible. Women have typically found it difficult or impossible to get sterilized unless they meet stringent age and number of children criteria and obtain their spouse's consent. (Agate, 1973; Bondurant, 1972; Stone, 1972) Women now demand the right to choose to be sterilized regardless of age or parity. There is also growing concern over forced sterilization. The hospitalized mentally ill and mentally defective are sometimes sterilized against their will, and there is mounting evidence that young, poor black women are forced to submit to the operation without informed consent under threat of losing welfare grants. (Coburn, 1974; "$1-Million Sterilization Suits Filed," 1973; Opatrny and Berman, 1973; Paul, 1968) Lader's book (1972) is an excellent sourcebook on both male and female sterilization and includes a directory of hospitals and clinics with liberal sterilization policies.

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E. Pregnancy and Childbirth

While some feminists vociferously advocate childlessness, others continue to want children. (Our Bodies, Ourselves (1973) includes an excellent discussion of the issue of having or not having children by choice vs. coercion and an outstanding guide to pregnancy, childbirth, and post-partum adjustment.) Among those who choose to bear children, many question traditional birth practices and rage over the treatment they receive from obstetricians and hospital personnel. (e.g., "Caution: Trusting Your Obstetrician May Be Harmful To Your Health," 1973; Dejanikus, 1973; "Enter the Hero-Sir M.D., 1973; Pollard, 1969; "Proceedings of the First International Childbirth Conference, 1973; Treseder, 1970) Some are highly critical of the inequities in the availability of maternity care (e.g. "Separate and Unequal," 1971). Recently, concern has been voiced over the legal and economic rights women lose because of pregnancy. (Cowan, 1974a; "Federal Court Rules...," 1973; Hayden, 1973)

In addition, there is a growing battle between "nature" and technology. Medical specialists are developing more and more sophisticated equipment and obstetrical techniques. (e.g. Etzioni, 1973; Hendin, 1973; "Hormone Monitoring System...," 1973; Schifrin, 1972) But some persons, even within the traditional medical world, question the growing use of technology. For several decades the International Childbirth Education Association has been advocating greater participation of women and their relatives in the childbirth experience, and questioning the routine use of anesthesia and episiotomy and separating mothers and babies. This organization is an excellent source of information. (See Haire, 1972, which includes an excellent bibliography and information on the ICEA.) Other women - especially young "hip" women - advocate even more "naturalness" in childbirth, and are delivering at home with the aid of relatives, friends, and lay midwives. (See Brown et. al., 1972; Edwards, 1973; Lang, 1972; Yost, 1974 and Section V.E. which includes material on midwives.)

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F. Menstruation - Menopause

Feminists are also concerned over the effects of the menstrual cycle and menopause. Paige (1973) has considered some of the social and cultural factors which affect women's menstrual experiences, and Solomon (1972) has suggested that similar factors affect a woman's menopause. While in fact many middle-aged women's difficulties may be socially and economically based, they may become and/or be treated as psychological problems. Thus references to many of these works are in Section IIIB. Nonetheless, Lennane and Lennane (1973) argue that the medical profession has not dealt adequately with many menstrual problems which in fact are clearly organic.

A controversy also currently exists over the effects of estrogen replacement therapy. Wilson (1968) has been a leading proponent of routine estrogen replacement, but his work is increasingly questioned because of the carcinogenic effect of synthetic estrogens.

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G. Surgery

Critics of the American health care system often point out that where medicine is practiced on a fee-for-service profit basis, the incidence of surgical intervention is higher than in countries such as England where medicine is socialized. Unfortunately women are often the victims of excessive, unnecessary, profit-motivated surgery. McCleery (1970) in a report for The Center for the Study of Responsive Law provides statistics on the extent women are subjected to medically unnecessary hysterectomies and mastectomies as have Lembke(1956), Miller (1974), and White (1968). Maehl and Thurston (1973) reveal how women are subjected to unnecessary hysterectomies for "teaching" purposes at Boston City Hospital. Campion (1972) and Thompson (1972) describe some of the difficulties encountered by women seeking lumpectomies for malignancies and aspiration of fluid from benign breast tumors when physicians prefer doing more radical procedures -- even when there is mounting evidence that lesser procedures are often equally effective. (See Cope, 1973; Crile, 1973a,b; Gilden, 1973; "New Biopsy Technique...," 1974; Read, 1973) Women should also be concerned over the competence of pathologists who determine whether or not tumors are malignant; and women should discover if the hospitals in which these pathologists work are properly equipped. (See especially "Law Forum - Mastectomy in Error: No Hospital Liability," 1972) The treatment of vaginal cancer in young women whose mothers were treated with synthetic estrogens is becoming an increasing problem, and there is divergence of opinion on appropriate means of treatment. (Greenwald et.al., 1971; Herbst and Scully, 1970; Weiss, 1974. See also section IIH)

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H. Drugs and Drug Ads

Much of the drug controversy revolves around the birth control pill and the "morning after" pill. Women are particularly concerned over the effects of DES on daughters of women who were given DES during pregnancy, for some of these young women are developing a rare form of vaginal cancer. (Capraro, 1973; Cowan, 1974a; Goodman, 1974 a,b; Jones, 1974; Weiss, 1974, 1972, n.d.) There is growing concern with other drugs as well -- especially mood altering drugs. Feminists are particularly disturbed that women are portrayed in drug ads in a way that subtly reinforces prejudice against women, and are concerned that doctors too often dismiss women's complaints as psychoneurotic disturbances only requiring tranquilizers. (See Castlemen, 1974; Fidell, 1973; Fried, 1973; Muller, 1972; Prather and Fidell, 1975, 1973, 1972; Rogers, 1973; Seidenberg, 1971; "The Over-medicated Woman," 1971).

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I. Experimentation

Women are gradually realizing that many medical devices, procedures, and drugs are used on them without adequate safeguards. The FDA is not dependable for protection against harmful or ineffective drugs (Silverman

and Lee, 1974); and the medical profession has not protected women against incompetent practitioners. No agency regulates the use of new medical devices or surgical procedures; it is strictly "caveat emptor". In addition, women essentially are used as guinea pigs in medical experiments - especially if they are poor and powerless. Senator Edward Kennedy held hearings on the quality of health care and human experimentation in March 1973. The transcripts from these hearings are testimony to the need for regulation. The testimony of Dr. Sidney Wolfe (1973) on the super coil abortion experiments is of particular interest to women, and a copy can be requested from one's Senator or Congressperson. The complete transcript of the hearings is available in major documents depositories. The California Coalition for the Medical Rights of Women has taken action to restrict the use of experimental contraceptive devices and insure that informed consent is obtained from women before they are given experimental IUD's. (Stephen, 1975) For a good general discussion of the problems of human experimentation see Barber et. al. (1973) and Katz (1972).

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III. SEXUALITY AND MENTAL HEALTH

Women's sexuality has often been regarded as a "problem." The "problem" arises because women often don't find it easy to adjust their own innate sexuality to dominant sexual cultural expectations set and enforced by men. For instance, when women were supposed to be "naturally" disinterested in sex, evidence of sexual enjoyment had to be repressed or women were punished -- often quite harshly. When women are supposed to be sexually uninhibited, any signs of reticence or failure to enjoy sexual relationships can be taken as evidence of pathology.

Women in the health movement argue that female sexuality should not be defined or judged by male professional experts or moralists who share dominant male values which reduce their ability to understand female sexuality. (See Gallick, 1973; Gordon, 1971; Scully and Bart, 1973; Sherfey, 1966) Instead, women themselves must examine and uncover their own sexuality. (Harmon, 1973; Rush, 1973; Seaman, 1972; Sexuality Issue, 1972; Soloman, 1973; Wyckoff, 1973) Lesbians are especially angry over the way the psychiatric establishment has treated them, and they reject definitions of their sexual preference as evidence of pathology. ("Lesbians Confront Psychiatrists," 1974; Lyon and Martin, 1972; Wolff, 1971)

Women also suggest that many of women's psychological problems are grounded in social and economic inequities rather than strictly intra-psychic forces. Ignoring this, psychiatric and psychological theories and treatment of women are often inaccurate and damaging. (April, 1972; Ash, 1971; Bart, 1971a,b, 1970; Broverman et. al., 1970; Chesler, 1972; Gardner, 1971; Greenberg, 1974; Hartman, 1970; Orasanu and Gianutsos, 1974; Roberts, 1972; Roth, 1973; Shainess, 1969; Tennov, 1973; Weisstein, 1973).

Some authors (Lennane and Lennane, 1973; Riddle, 1972) show how women's physical problems are too often misdiagnosed as "psychological." This tendency of professionals to regard many women's problems as either "imaginary" or psychogenically induced is roundly decried by women in the health movement. As the Vancouver women point out, "This crazy lady syndrome is perhaps our most serious charge against doctors. A woman runs the risk of neglect and poor treatment if she does not demand what she feels is best for her. And she is ignored as a 'neurotic female' when she does." (A Woman's Place, p. 47). Feminist therapy takes into account these altered views of women in relation to their roles in society. (Alexandre and Bribin, 1973; Feminist Counseling Collective, 1974; "Feminist Counseling...," 1973; Nickle, 1974; Wyckoff, 1973 a,b, 1972. See also IVB.)

This category is divided into two major sections. Section A includes material on sexuality as it is examined and defined by women themselves and researchers such as Masters and Johnson who do not view women's sexual difficulties exclusively as manifestations of psychiatric disorders. Section B presents an array of material on women and mental health. The material written from a feminist perspective suggests that much of psychiatric theory and practice is sexist, judgmental, and class-biased. Since many works encompass issues of both sexuality and mental health, the division between parts A and B is somewhat arbitrary as is the classification of some individual works. Therefore, both sections should be considered together.

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IV. WOMEN'S CLINICS AND HEALTH PROJECTS

Women in the health movement have undertaken a wide variety of projects to put women in control to improve health care — particularly gynecological care(Ruzek, 1975). Some have established women's clinics (see e.g. Aldrich, 1974; Barfoot, 1973; Campbell et. al., 1972; "Emma Goldman Women's...," 1974; Harding et. al., 1973; Palmer, 1974; "Women's Clinics," 1971) Others emphasize self-help programs where women learn to rely on themselves and each other for routine examinations and health care. (Alleyn, 1972; Circle One, 1973; "Feminist Women's Health Center Report," 1974; Fischell, 1973; Jones, 1973; Naismith, 1973; "Reaction of OB/Gyn," 1974; Ruzek, 1974; Steele, 1974; The West Coast Sisters, 1971) The most controversial aspect of self-help is menstrual extraction, a process performed by laywomen similar to early aspiration abortion. (Alleyn, 1972; Dejanikus, 1972; "First International Menstrual Extraction Conference," 1974; Frankfort, 1972; Grau, 1971; Ruzek, 1974; Smith, 1973; The West Coast Sisters, 1971)

Section A lists references to material on women's clinics, feminist health care, and self-help. Section B lists some women's gynecology and self-help clinics, feminist psychotherapy groups, and other organizations which focus on women's health. The list is not intended to be exhaustive, but provides some indication of how widespread such organizations have become. Section C includes some women's health directories and medical service evaluations now available. These directories often are published locally and include information on services available in a particular geographical area. If there are such directories in an area, local feminist clinics and bookstores usually stock them or know where they can be purchased.

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B. Women's Clinics, Health Collectives and Health Organizations

Alyssum, 1757 Union Street, San Francisco, CA 94123.

Ann Arbor Health Care Collective, Room 2209, Michigan Union, University of Michigan, Ann Arbor, MI.

Aradia Clinic, 4224 University Way, N.E., Seattle, WA 98105.

Association of Mothers for Educated Childbirth, 1161 Beach - 9th Street, Far Rockaway, NY 11691.

Berkeley Feminist Counseling Collective, c/o Health Collective, 2214 Grove, Berkeley, CA.

Berkeley Women's Health Collective, 2214 Grove Street, Berkeley, CA 94704.

Buffalo Women's Self Help Clinic, c/o Buffalo Women's Center, 499 Franklin St., Buffalo, NY.

California Coalition for the Medical Rights of Women, 433 Turk Street, San Francisco, CA 94102.

Center for Feminist Counseling, 2308 Parker, Berkeley, CA 94704.

Chicago Counseling and Psychotherapy Center, 1525 E. 53rd Street, Suite 830, Chicago, IL 60615.

Community Women's Clinic, c/o Women's Crisis Center, 306 North Division Street, Ann Arbor, MI 48104.

Country Doctor Women's Clinic, 402 15th Avenue E., Seattle, WA 98112.

Detroit Women's Health Project, 18700 Woodward, Detroit, MI 48203.

Elizabeth Blackwell Women's Health Center, 200 South 5th Street, Minneapolis, MN 53404.

Emma Goldman Clinic for Women, 715 N. Dodge, Iowa City, IA 52240.

Emma Goldman Women's Health Center, 1317 W. Loyola, Chicago, IL 60626.

Female Liberation, Women's Health and Pregnancy Counseling Service, Box 954, Chapel Hill, NC 27514.

Feminist Counseling Collective of the Washington D.C. Women's Center, 1736 R Street, S.W., Washington, D.C. 20024.

Feminist Psychology Coalition Therapy Referral Service, c/o CUNY Graduate Center, 33 W. 42nd Street, Room 607, New York, NY 10036.

Feminist Women's Health Center, 746 Crenshaw Boulevard, Los Angeles, CA 90005.

Feminist Women's Health Center, 2930 McClure, Oakland, CA 94706.

Feminist Women's Health Center, 429 S. Sycamore, Santa Ana, CA.

Feminist Women's Health Center, 1126 Lee Avenue, Tallahassie, FL 32303.

Feminist Women's Health Center, 2445 West Eight Mile Road, Detroit, MI 48221.

Feminist Women's Health Center, 363 East Sixth South, Salt Lake City, UT 84404.

Feminist Women's Health Center, 129 1/2 N. Sheldon, Ames, IA 50010

Freemont Women's Clinic, 6810 Greenwood Avenue N., Seattle, WA 98103.

Gainesville Women's Health Center, 805 SW 4th Avenue, Gainesville, FL 32601.

Grace Hirsch Self-Help Clinic, 2 Hemlock Drive, Stamford, CT 06902.

Haight Ashbury Women's Clinic, 1101 Masonic, San Francisco, CA 94117.

Health Organizing Collective of NY Women's Health and Abortion Project, 36 West 22nd St., New York, NY 10010.

Lesbian Health Collective, 6817 Greenwood Avenue N., Seattle, WA 98103.

Marin Free Medical Clinic, Church of Our Savior, Old Mill & Lovell Ave., Mill Valley, CA 94941.

The Marin Women's Health Collective, 1618 Mission Avenue, San Rafael, CA.

National Abortion Rights Action League, 250 West 57th Street, New York, NY 10019.

National Women's Health Coalition, 222 East 35th Street, New York, NY 10016.

Nevada Women's Health Collective, 12585 Jones Bar Rd., Nevada City, CA 95959.

New Bedford Women's Clinic, 347 County Street, New Bedford, MA 02750.

New Yorkers for Abortion Law Repeal, Box 240 Planetarium Station, New York, NY 10024.

Nutrition Action, 3414 22nd Street, San Francisco, CA 94110.

Open Door Women's Clinic, 5012 Roosevelt Way, N.E., Seattle, WA 98105.

People's Medical Center, 2555 Middlefield Road, Redwood City, CA 94063.

Radicalesbians Health Collective, Women's Center, 36 West 22nd St., New York, NY.

San Francisco Women's Health Center, 3789 24th Street, San Francisco, CA.

Santa Cruz Birth Center, 208 Escalona Street, Santa Cruz, CA.

Santa Cruz Women's Health Center, 250 Locust Street, Santa Cruz, CA 95606.

Self-Help/Women's Crisis Center, 306 N. Division Street, Ann Arbor, MI 48104.

Society for Humane Abortion, P. O. Box 1862, San Francisco, CA 94101.

Southeast Women's Health Clinic, 3537 S.E. Hawthorne, Portland, OR 97214.

St. Louis Women's Counseling Center, 5007 Waterman Boulevard, St. Louis, MO 63108.

Tampa Women's Center, P. O. Box 7350, Tampa, FL 33601

Vancouver Women's Health Collective, 1520 West 6th Avenue, Vancouver, B.C.

Vancouver Birth Centre, 1520 West 6th Avenue, Vancouver, B.C.

Vermont Women's Health Center, P. O. Box 29, Burlington, VT 05401.

Williamsport Women's Clinic, Clancy's Candleshop, South Williamsport, PA 17701.

Women's Clinic, 341 East 12th Street, Eugene, OR.

Women's Community Health Center, 137 Hampshire, Cambridge, MA 02139.

Women's Counseling Service, 1325 Fourteenth Ave., San Francisco, CA 94122.

Women's Counseling Service, 621 West Lake Street, Minneapolis MN 55408.

The Women's Health Clinic, 3537 S.E. Hawthorne Boulevard, Portland, OR 97214.

Women's Health Forum and Women's Health Center, 156 Fifth Avenue, Room 1228, New York, NY 10003.

Women's Health Service of Colorado Springs, 831 East Monument, Colorado Springs, CO 80903.

Worcester Women's Liberation, Women's Health Project, P. O. Box 164 Turnpike Station, Shrewsbury, MA 01545.

C. Women's Health Services Directories

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V. THE SOCIAL CONTEXT OF WOMEN'S HEALTH CARE

Women's health care is part of the larger American health system, and assaults are being made on it from many directions. In fact, hardly anyone seems satisfied. The young, the poor, minority persons, old people, and feminists are all complaining. Professionals don't like the complaints and resent it when patients try to tell them what to do and the government tries to tell them how much to charge. All the while medical costs soar along with the discontent.

References to some general consumer issues are listed in section A. In section B are works which describe various aspects of American health care institutions and health policies from a variety of perspectives.

Many of the complaints women have about health care are consequences of the professional training process and the structure of practice. In C are references to the medical profession and medical training. See especially Freidson (1970) Profession of Medicine, Becker et. al. (1961) Boys in White - a study of medical training, and Lopate (1968) on women in medicine. Information on nurses and the nursing profession is in D. See especially Davis (1966), Jourard (1971), Kushner (1973), Olesen and Whittaker (1968) and "Women as Health Workers . . ." (1970). Material on emerging health workers -- nurse practitioners, midwives and physician's assistants - is listed in section E. References to lay midwives, including the Santa Cruz, California women who have been arrested on charges of practicing medicine without a license, appear in this section.

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VI. ILLNESS BEHAVIOR

Women in the health movement often complain that doctors don't treat them as individuals or as "people"; doctors treat them as nameless, faceless organs. Women are also frustrated by their inability to communicate with doctors and other health professionals.

In this section are references to studies which point to the need for professionals to treat patients as individuals by taking into account personal and psychological differences along with differences in social class, age, ethnicity, and health beliefs. Some authors describe various aspects of the sick role and discuss the intricate interrelationships between patients, disease, and health practitioners. Some emphasize the importance of establishing good communication between patient and practitioner. (See especially Jourard, 1971; Korsch and Negrete, 1972; Ostwald, 1968) Unfortunately health professionals too often ignore the

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VII. COMPARATIVE STUDIES - HEALTH CARE IN A BROADER PERSPECTIVE

People tend to view their ways of doing things as "the" way. Americans are particularly prone to this type of thinking about health; for we are a people who believe in science and technology, and surely our health practices must be "scientific." But there are many who are now questioning our ways of delivering health care; they are reexamining the content of what is "delivered," no matter how "scientific." They are looking for new ways of meeting people's health needs and are taking an interest in health care practices in other societies - both modern and primitive.

In section A there are references to anthropological and sociological cross-cultural health research. These types of studies provide us with a means to identify similarities in human illness behavior and help us to determine how social and cultural factors affect health, illness and health care. They also broaden our perspectives and suggest possibilities of doing things differently. Section B lists historical health care material. In C there are references to American folkways, home remedies, and unorthodox healing methods which are all growing in popularity.

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VIII. SOURCE MATERIAL ON WOMEN'S HEALTH ISSUES

The women's health movement is growing and changing rapidly. As more women from divergent backgrounds with various needs become involved, the specific issues and potential solutions to problems may change. "Keeping up" is an arduous task. Fortunately, there are many sources of information available. In this section is information on bibliographies, indexes, and periodicals which are useful for following developments in women's health care.

A. Woman's History Library "Women's Health/Mental Health" Microfilm

The Women's History Library has just completed microfilming its collection on women and health and the files, which include much rare and out of print material, are now located at the Archive of Contemporary History at the University of Wyoming. The film contains virtually everything published by the women's movement on women and health. Microfilms of the files have been ordered by Vassar College, Northwestern University, and California State College at Hayward. The thirteen reels can be purchased for $390; individual reels are $30. The guide to the entire collection will be available by summer 1975 for $20. Contact Sheryn Sofia, Health Microfilm Project Director, 2325 Oak Street, Berkeley, CA 94708.

B. Bibliographies

Major works on women's health care issues such as Our Bodies, Ourselves (1973) contain good references for further reading. Henriques' annotated bibliography focuses on women health professionals - physicians, dentists and nurses. The Rosenberg and Schiff bibliography (1973) is an invaluable source of material on the larger health care system. The lengthy Cromwell (1974) work is fully annotated and covers the academic literature from 1970-1973 in many mental health related areas such as aging, family relations, rape, widowhood.

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C. Indexes

There are numerous periodical indexes which are useful in following women's health care issues. Most are available in good general libraries; some of the more specialized ones are available only in university medical school libraries.

Women Studies Abstracts, a relatively new quarterly, is particularly useful but not yet available in many libraries. P. O. Box 1, Rush, New York 14543. Subscriptions $12/year for libraries, $8.50 individual, $7 student.

Alternative Press Index

Cumulative Index to Nursing Literature

Excerpta Medica

Index Medicus

International Nursing Index

Nursing Research

Nursing Studies Index

Psychological Abstracts

Social Science and Humanities Index

Women Studies Abstracts

Sociological Abstracts

D. Periodicals

Women's health information is published in a wide range of periodicals. In part 1 there are general feminist publications which often carry health information. In part 2 are some health periodicals of particular interest to women. Part 3 lists the titles of some professional-technical journals which are useful for pursuing certain specific health problems.

1. General Feminist Publications

Many feminist newspapers and magazines regularly report on women's health care issues. There is an outstanding health section in Off Our Backs, a Washington, D.C. news journal. Ms. usually includes at least one health article in each issue. Others such as The Second Wave and Women: A Journal of Liberation generally have lengthy special sections devoted to health issues. Newsletters (e.g. The Spokeswoman; Women Today) carry brief news items on current issues ranging from drug experiments to abortion legislation. The Amazon Quarterly, The Furies, and The Lesbian Tide publish health articles of particular interest to lesbians.

Amazon Quarterly, 554 Valle Vista, Oakland, CA 94610.

Broadside, P. O. Box 4190, Berkeley, CA 94701.

Capitol Alert, P. O. Box 214982, Sacramento, CA 95821.

Everywoman, 1043 B. West Washington Blvd., Venice, CA 90291.

51%, P. O. Box 371, Lomita, CA 90717.

The Furies, Lesbian/Feminist Monthly, Box 8843, S.E. Station, Washington, D.C. 20003.

Her-Self, 225 E. Liberty, Ann Arbor, MI 48108.

Journal of Female Liberation, Cell 16, 16 Lexington Ave., Cambridge, MA 02138.

The Lesbian Tide, 373 No. Western, Room 202, Los Angeles, CA 90004.

Marin Women's News Journal, P. O. Box 1412, San Rafael, CA 94902.

MOMMA, The Newspaper for Single Mothers, P. O. Box 567, Venice, CA 90291.

Mother Earth News, Box 38, Madison, OH 44057.

Ms., 370 Lexington Ave., New York, NY 10017.

NOW, Monthly Newsletter of the National Organization for Women, Joan Nicholson, Editor, 46 East 91st Street, New York, NY 10028.

Off Our Backs, 1346 Connecticut Ave., N.W., Room 1013, Washiggton, D.C. 20036.

The Second Wave, A Magazine of the New Feminism, Box 344, Cambridge A, Cambridge, MA 02139.

Skirting the Capital, "A Newsletter about Legislation and Women," P. O. Box 4569, Sacramento, CA 95825. (Discontinued, 1975)

The Spokeswoman, 5464 South Shore Drive, Chicago, IL 60615.

Up from Under, 399 Lafayette Street, New York, NY 10012.

WEAL Washington Report, Women's Equity Action League, 538 National Press Building, Washington, D.C. 20004.

Women: A Journal of Liberation, 3028 Greenmount Ave., Baltimore, MD 21218.

Women Today, Today Publications & News Service, National Press Building, Washington, D.C. 20004.

Women's Studies Newsletter, Clearinghouse on Women's Studies, An Education Project of the Feminist Press, Box 334, Old Westbury, NY 11568.

2. Health Care Periodicals

The periodicals in this section all focus on health issues but are not technical professional journals and are easily readable. Health Right, The Monthly Extract and WONAAC Newsletter are feminist publications. Some, such as Family Planning Digest, ICEA News, and OB/GYN News are not exactly "feminist" periodicals, but do carry excellent information on women's health care. Others such as Health/PAC Bulletin, Issues in Radical Therapy, and Rough Times are not devoted exclusively to women's issues but often include articles on women's issues from a radical political as well as feminist perspective.

Briefs, Maternity Center Association, 6900 Grove Road, Thorofare, NJ 08086.

Bulletin of the American College of Nurse Midwives on Midwifery (superseded by Journal of Nurse-Midwifery, 50 East 92nd St., New York, NY 10028.)

California Coalition for the Medical Rights of Women Newsletter, 433 Turk Street, San Francisco, CA 94102.

Family Planning Digest, National Center for Family Planning Services, Health Services, and Mental Health Administration, U.S. DHEW, 515 Madison Ave., New York, NY 10022.

Family Planning Perspectives, Planned Parenthood Federation of America, Inc., Research and Development Division, The Alan Guttmacher Institute, 515 Madison Avenue, New York, NY 10022.

Health Education Monographs, The Society for Public Health Education, Inc., 6900 Grove Road, Thorofare, NJ 08086.

Health Law Newsletter, National Health and Environmental Law Program (N-HELP), 2477 Law Building, 404 Hilgard Ave., Los Angeles, CA 90024.

Health Liberation News, Bay Area Chapter of MCHR, P. O. Box 7677, San Francisco, CA 94119.

Health/PAC Bulletin, Health Policy Advisory Center, 17 Murray Street, New York, NY 10007.

Health Right, Women's Health Forum, 175 Fifth Avenue, New York, NY 10010.

Health Rights News, Medical Committee for Human Rights (MCHR), 2251 W. Taylor, Chicago, IL 60612.

ICEA News, International Childbirth Educational Association, P. O. Box 5852, Milwaukee, WI 53220.

Issues in Radical Therapy, IRT Collective, P. O. Box 23544, Oakland, CA 94623.

Journal of American Medical Women's Association, 515 East 41st St., Paterson, NJ 07509.

The Monthly Extract, New Moon Communications, Box 3488 Ridgeway Station, Stamford, CT 06905.

OB/GYN News, 4907 Cordell Ave., Washington, D.C. 20014.

The People's Health, P. O. Box 12577, Seattle. WA 98111.

Rough Times (formerly The Radical Therapist), P. O. Box 89, Somerville, MA 02144.

Social Action, Newsletter of Psychologists for Social Action, Box 463, Planetarium Station, New York, NY 10024.

WONAAC Newsletter, Women's National Abortion Action Coalition, 150 5th Ave., Room 315, New York, NY 10011.

3. Technical Journals

The following journals are more difficult but not impossible for informed laypersons to read. Most publish cumulative indexes, and all of them are indexed in standard indexes. They are available in most university and medical school libraries. One can often use these journals

even in "restricted" libraries by simply walking in, or one can ask for special permission. Do not be intimidated by "for use of authorized students and personnel only" signs.

American Journal of Obstetrics and Gynecology

American Journal of Public Health

Journal of Consulting and Clinical Psychology

Journal of Health and Social Behavior

Journal of the American Medical Association

Journal of Marriage and the Family

New England Journal of Medicine

Orthopsychiatry

Social Science and Medicine